

OPPORTUNITIES TO MANAGE RESIDENT PAIN

MONITOR

- Place pain screening scale on medication sheet every shift for nurses and med aides to record
- Include pain screening scale on treatment sheet every shift for nurses to record
- Use pain screening scale with every fall
- Provide pain screening scale on Aide sheets
- Evaluate residents who trigger for pain 1-2 weeks before their quarterly assessment to determine if pain control measures are working

IMPROVE

- Use scheduled pain medication instead of prn when possible
- Develop and utilize non-pharmacological pain interventions when appropriate
- Discuss Pharmacogenetics testing with the care plan team for residents not responding to current pain management program. Implement testing if agreed to and indicated.
- Allow self-administration of pain relief ointments and creams (i.e. Icy Hot, BioFreeze) when appropriate

