

The Removing the Shame and Stigma of Substance Use Disorder (SUD) / Addiction



Course Overview

In this course you will learn about the effects of shame and stigma on the individuals, families, caregivers, and communities impacted by the disease of addiction. The course will review the consequences of shame and stigma associated with the disease of addiction, why addiction is stigmatized within society, and solutions to address shame and stigma.

Shame and stigma is a mark of disgrace and a set of negative beliefs held against a person, issue, or circumstance, often based off assumptions, judgements, and preconceived notions rather than facts. Participants will gain an understanding of the effect stigma has on the individual with substance use disorder and how it creates barriers to getting help through first-hand experiences and situations.

What You Will Learn

Understand: The role of stigma and its effect on substance use disorder (disease of addiction) and how stigma inhibits people from achieving long-term wellness and recovery.

Describe: The impact of shame and stigma on the individual and family/caregivers and the consequences of experienced stigma and shame and the impact on recovery, setback (relapse), and other social and health factors.

Eliminate: Judgements and negative attitudes towards the individuals suffering from the disease as well as assumptions and negative preconceived notions of the disease and the individual.

What People Are Saying

"I have never thought of shopping, materialistic items as a comparison to fill a void to make one feel better. Excellent comparison to bridge that gap and find commonality."

"In the past when I thought about stigma and addiction, I typically thought about how another person (family member, neighbor) stigmatize someone with this disease. I now have a better understanding of how stigma from other areas of one's life (medical communities, law enforcement, etc.) affects someone with this disease."



To schedule naloxone training with SCOPE-OK, please contact:
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