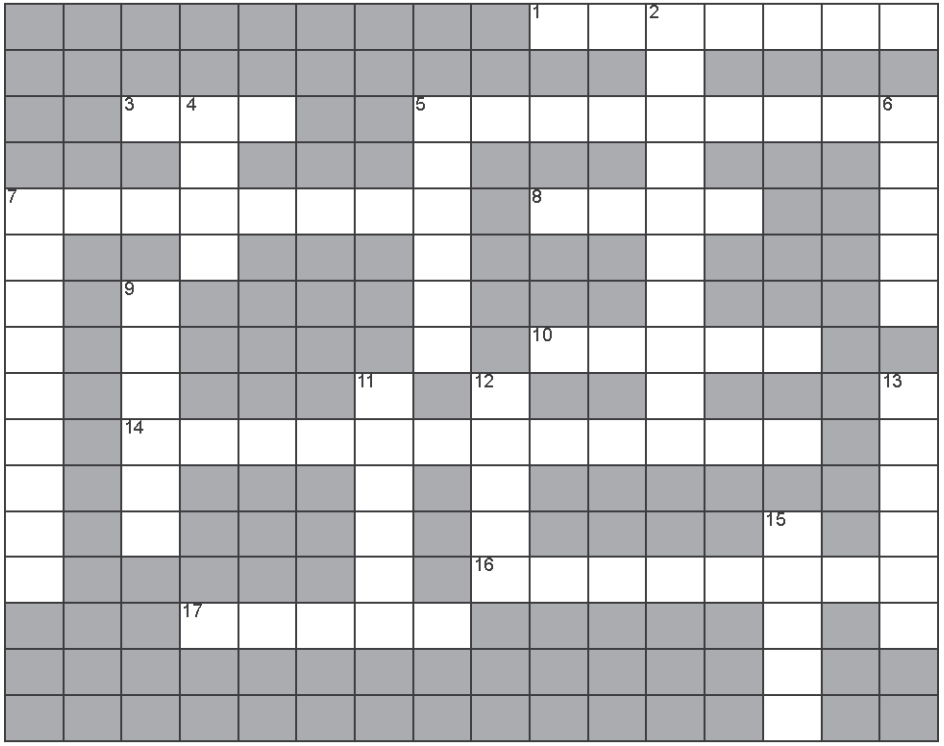
Pressure Ulcer Crossword Puzzle

Pressure ulcers or "bed sores" are preventable if they are identified early. Complete this crossword puzzle to learn more about pressure ulcers.



DOWN

2. A resident being unable to _____ themselves puts him or her at risk.
4. If a resident has had a pressure ulcer before, he or she is more at_____ for getting another one.
5. Skin _____should be done every time the resident gets a shower.
6. _____ is the force that occurs when the skin sticks to a surface and the body slides.
7. Encouraging a resident to eat and drink at _____ can help prevent weight loss.
9. Getting enough _____ and protein is very important.
11. Food _____ records are important for the dietitian and nurses to know when a resident is not eating.
12. As a care_____, you must report to the nurse when your resident has a change in their skin.
13. Pressure _____are those areas where bones cause force on the skin and squeezes them against an outside force.
15. Keeping _____off the bed helps prevent pressure ulcers.

ACROSS

1. _____and repositioning residents is important.
3. Keeping a resident's skin clean and _____helps prevent pressure ulcers.
5. _____must be evaluated and updated often when a resident has a pressure ulcer.
7. It is important to protect the skin from_____.
8. Preventing weight _____is important.
10. The elderly may be at greater risk due to the changes in the skin related to_____.
14. _____ puts a resident at risk.
16. Pressure ulcers can be very painful for a _____.
17. A pressure _____ is any lesion caused by constant pressure that harms the tissue underneath the skin.

Pressure Ulcer Crossword Puzzle: ANSWER KEY

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											E				
		3D	4R	Y			5C	A	R	E	P	L	A	N	6S
			I				H				O				H
7M	O	I	S	T	U	R	E		8L	O	S	S			E
E			K				C				I				A
A		9F					K				T				R
L		L					S		10A	G	I	N	G		
T		U				11I		12G			O				13P
I		14I	N	C	O	N	T	I	N	E	N	C	E		O
M		D				T		V							I
E		S				A		E					15H		N
S						K		16R	E	S	I	D	E	N	T
			17U	L	C	E	R						E		S
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