Organizational Commitment to Physical Restraint Elimination

Key Steps	Key Elements
Establish Organizational Commitment	Facility Wide Commitment To Developing and Maintaining a Restraint-Free Environment • Implementation of a "no-restraint" policy • Education of staff, residents and family members • Assessment and treatment of underlying conditions • Implementation of less restrictive alternatives • Environmental modifications • Celebration of restraint reduction/elimination success stories • Identify key staff members to form an interdisciplinary team
Apply Current Clinical Practice Standards	Analyze Current Clinical Practice Standards • Screening, assessment processes • Use of alternatives to physical restraints • Documentation systems • Interventions matched to the assessment and treatment of underlying clinical conditions • Involvement of appropriate health professionals to manage all health components • Articulate and implement acceptable standards of practice
Appropriation of Resources	Provide Appropriate Resources • Adequate Staffing • Education/Training • Communication • Tools • Equipment, Environmental Enhancements • Documentation
Outcomes	Review and Revise • Polices, procedures and processes as needed • Celebrate restraint elimination successes • Measure outcomes

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